



Team Coaching: An Innovative Solution to Team Excellence

Is your team constantly being asked to:

- Accelerate goal achievement?
- Do more with less?
- Adapt to rapidly changing needs?
- Form, perform, and reform at a breathtaking pace?

If so, you've probably noticed the strain. Traditional approaches to team excellence just aren't enough to meet these ever-present demands on results and spirit. In response, Team Coaching International™ has integrated systems theory, emotional intelligence, positive psychology and appreciative inquiry to create the ground breaking Team Diagnostic Assessment™ and Team Coaching Process. This incisive, whole-team methodology transforms groups into high performing, inspired teams.

Traditional Approach	Team Coaching Approach
● Either/or focus, where either results <u>or</u> relationships matter most.	● Both/and approach where productivity (results) <u>and</u> positivity (engagement) are integral.
● Team performance is improved by building individual skills.	● Team performance grows by leveraging team strengths and interactions.
● Team is a collection of individuals with specific knowledge and roles. "The Boss" drives the work efforts and has "the answers".	● Team is a dynamic system with boundless potential. Wisdom is held by all and the team develops collaborative solutions.

Intrigued? Experienced team coaches, Cindy Moret O'Keeffe, Shawn Snelgrove and Tascha Yoder offer:

An interactive, 1.5 hour mini-workshop for you and a group of your colleagues (4-10) that explores:

- The basics of systems theory and how it applies to building highly successful teams.
- The 4 Team Toxins that taint team energy and clog authentic communication.
- Tools that you can employ immediately with your team.
- An overview of the Team Diagnostic Assessment™ and Team Coaching Process.

A Team Excellence 1 or 2-day workshop with follow-on team coaching that includes:

- Needs identification session
- Team Diagnostic Assessment™ Deployment
- Team Profile Report
- Workshop customization including skill building and action planning
- Six, 1.5 hour team coaching session via phone

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