

The Ripple Effect of Change

Drop a rock in the center of a pond and it creates a ripple effect that moves to the shore and back. Make a change in your career and the same phenomenon occurs.

Your decisions touch many and vice versa. When you finally say "Yes" to a new job or position your interconnections, interdependencies and relationship networks reveal themselves. It's not always pretty.

To mitigate this natural phenomenon, expect it. As you are making a career decision for yourself and your family, anticipate its impact on others. This doesn't mean you include everyone in the process (they may muddy the water) or try to appease all parties (it's not possible). It does mean you prepare for the waves of reaction (positive and negative) so they don't knock you over.

- Make a list of everyone who will be impacted by your decision...friends, family, co-workers, relatives, etc.
- Decide consciously who is a part of your decision-making process and who is not.
- Anticipate what your choice may mean to those on your list.
- Make physic phone calls to each person's spirit on your list to prepare each personality for what is coming. www.kahunakindergarden.com (Sharing the good stuff section)
- Design a verbal/written communication strategy so when you are ready to share your news it will be considerate and well thought out.
- Be prepared for all types of emotional reaction...loss, grief, surprise, excitement, worry, betrayal, etc. Many responses have nothing to do with you and everything to do with the person impacted by your choice.
- Protect your energetic field from reactions (thoughts and words) directed at you. Energetic Boundaries by Karla McClaren (available www.soundstrue.com)
- Observe. Observe Observe. Observe.

THE SCOOP, an e-letter from www.brainstormingalamode.com, provides ideas and inspiration to enhance creativity, effectiveness, and positivity at work and on teams.